

HIGHER LEARNING

The Brad Brewer Golf Academy

In Orlando, golf classes are anything but Mickey Mouse.

BY CHRISTOPHER KORCHIN



“A little thin,” said Brad Brewer as my four-iron approach to the 18th green at Shingle Creek Golf Club fell 10 yards true. Something was starting to click.

The day before our private session, I strolled the Shingle Creek grounds, happy among the turtles and ibises and a lifetime game; what they don’t say is that without the right training, you can spend a lifetime trying to get good Orlando to speed up the process. But that day on the range, I observed a spindly-armed teenager effortlessly launch *checkers*, I thought.

I entered the academy’s indoor teaching wing toting a pitching wedge, six iron and driver. After I hit a few balls, Though Leonardo didn’t invent golf, he would have been a scratch player with that kind of free-flowing, circular to emulate the move: I climbed into the Explanar, a big tubular metal structure that demonstrates why swinging creates maximum fluidity. Slowly, I performed a series of half- and three-quarter swings with the confidence-inspiring glides along the Explanar’s contours. With no ball to aim at and my path being dictated by several kilos of steel, extension but not too much forearm roll and absolutely no laying off at the top. This felt new and very good indeed.

Then came the video session. If you’ve ever said, “That’s not me” upon hearing a recording of your voice, you’ll

was this stiff-limbed impostor with the four-plane swing and the abrupt inside take-away? But Brad had me consc forward and lower my right shoulder. Suddenly, I was hinging properly and my take-away was following a Da Vinc

On the course, it began to fall into place. Brad asked me what I wanted in golf. The obvious answer was that I w focusing shot by shot on what you want - hitting fairways and greens, draining putts - rather than what you fear: three-footers. As we were talking, I shaped a nice mid-iron into a guarded green. It was time for a high-five: I wa

The Golden Rules



1. Whichever grip you may choose for the task at hand (interlocking, overlapping, baseball style), wrapping your correctly around the handle. Buy a moulded practice grip if diagrams have got you tied in a knot.
2. Get in the habit of planning the shot and visualizing it before you step up to the ball. Every time.
3. Don't freeze! Address the ball, take one last look at the target and unleash your newly corrected swing.

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